



Course Title

Exam Board

Physical Education GCSE (9 -1)

Edexcel

Course Description

The course is divided into 4 components:

Component 1: Fitness and Body Systems (36%)

Component 2: Health and Performance (24%)

Component 3: Practical Performance (30%)

Component 4: Personal Exercise Programme (10%)

Type of Assessment

Component 1 is assessed as a written exam at the end of the course. The paper is out of 90 marks and is 1 hour and 45 minutes long.

Component 2 is assessed as a written exam at the end of the course. The paper is out of 75 marks and is 1 hour and 15 minutes long.

Component 3 is the practical assessment of 3 chosen practical activities. This is internally marked and externally moderated. The students' practical activities are assessed at the beginning of the summer term of year 11.

Component 4 requires the students to; plan, carry out, analyse & evaluate a Personal Exercise Programme. As with the practical this component is internally marked and externally moderated.

Special Requirements

There are no formal requirements although a history of participation in extra-curricular clubs inside and/or outside of school is preferred.

Career and Progression Opportunities

After studying GCSE PE the following Key Stage 5 courses are offered at Birchwood;

A Level Physical Education (OCR)

BTEC Level 3 Diploma Sport

GCSE provides a suitable foundation for specialist study in both Physical Education and Sports Studies. The specification provides an excellent foundation for students intending to pursue careers in teaching and coaching, sports development, the leisure industry, recreational management, health, leisure and fitness and professional sport.

Link to Syllabus

<http://qualifications.pearson.com/en/subjects/physical-education-and-sport.html>