

# September 2018

# LUNCH

## Birchwood High School



**Special Meal Deals include:**  
Main Meal/Jacket Potato/Chicken Wrap

**All come with a choice of one of the following;**  
Fresh Fruit/Dessert of the day/Cake/Cookie or Jelly  
£2.40

**26 September**

European Day of Languages

**SPECIAL ITALIAN  
THEME MENU**

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

CPD (no students) 3

CPD (no students) 4

Sausage & Mash  
Macaroni Cheese (V) 5

Roast Gammon  
Stuffed Peppers (V) 6

Beef Burgers & Chips  
Halloumi Burger (V) 7

Beef Lasagna  
Spaghetti Quorn  
Bolognese (V) 10

Chicken & Leek Pie  
Butternut Squash &  
Spinach Curry (V) 11

Chicken Korma  
Sweet & Sour Quorn (V) 12

Roast Pork  
Savoury Tart (V) 13

Fish & Chips  
Hot Dog (V) 14

Fish Pie  
Spinach & Ricotta  
Cannellini (V) 17

Chicken Balti  
Houmous Chimichanga (V) 18

Beef Pastitso  
Vegetable Tikka Masala  
(V) 19

Roast Lamb  
Mushroom Wellington (V) 20

Pepperoni Pizza & Chips  
Cheese Tomato Pizza  
(V) 21

Hunters Chicken  
Vegetable Lasagna (V) 24

Cottage Pie  
Macaroni Cheese (V) 25

**THEME LUNCH**  
Spaghetti Italian Meatballs  
Pesto Gnocchi (V) 26

Open Evening  
Closed for lunch other  
than FSM students 27

CPD 28

**Items on the menu are subject to change without notice. We apologise in advance if this happens.**

For information on allergens please contact the Catering Manager or students can go to the Café HELP DESK where advice is available.