



# Break Time

|   |              |
|---|--------------|
| <b>Bacon Roll</b>                                 | <b>£1.00</b> |
| <b>Bread Roll</b>                                 | <b>60p</b>   |
| <b>Tea Cake</b>                                   | <b>50p</b>   |
| <b>Pretzel</b>                                    | <b>£1.00</b> |
| <b>Hot Toasted Bagel</b> (various)                | <b>£1.00</b> |
| <b>Hot Toasted Panini</b> (various)               | <b>£1.95</b> |
| <b>Soup</b>                                       | <b>£1.00</b> |
| <b>Houmous &amp; Oat Cakes</b> (Veg Sticks)       | <b>£1.95</b> |
| <b>Cheese &amp; Crackers</b> (Fruit & Veg Sticks) | <b>£1.95</b> |
| <b>Homemade Filled Wraps</b>                      | <b>£2.00</b> |
| <b>Tuna Pasta Pot</b>                             | <b>£1.95</b> |
| <b>Tomato &amp; Basil Pasta Pot</b>               | <b>£1.95</b> |
| <b>Filled Rolls</b>                               | <b>£1.35</b> |
| <b>Urban Eat Wraps</b> (various)                  | <b>£2.50</b> |
| <b>Urban Eat Sandwiches</b> (various)             | <b>£2.20</b> |
| <b>Urban Eat Subs</b> (various)                   | <b>£2.60</b> |
| <b>Fresh Fruit</b>                                | <b>50p</b>   |
| <b>Yoghurt</b>                                    | <b>85p</b>   |
| <b>Grape Pots</b>                                 | <b>£1.00</b> |
| <b>Melon Slices</b>                               | <b>95p</b>   |
| <b>Pineapple Slices</b>                           | <b>95p</b>   |



# Breakfast

**50p**

Toasted Bagel (including Butter & Jam)

Toasted Teacake (including Butter & Jam)

Cereal with Milk

Hot Porridge-help yourself to seeds, dried fruit & honey

Cup of Milk or Orange Juice

Fresh Fruit

**83p**

Coffee/Tea

**95p**

Melon Slices

Pineapple Slices

**87p**

Homemade Yoghurt & Granola

**£1.00**

Hot Chocolate

Bacon Roll

Baked Beans on Toast

Scrambled Egg on Toast

**£1.00**

*Breakfast meal deal includes:*

Cereal

Toast/Bagel or Teacake with Butter & Jam

Milk or Orange Juice

**£2.00**

*The 'BIG' Breakfast... Choose four of the following & Toast  
Bacon/Eggs/Mushrooms/Grilled Tomatoes/Baked Beans or  
Herby Potatoes (additional items cost 50p each)*

# Special Meal Deals

**£2.40** *for two courses*

## Main Meal of the Day

Includes: Dessert/Cake/Cookies/Jelly or Fresh Fruit

## Jacket Potatoes (with two toppings)

Includes: Dessert/Cake/Cookies/Jelly or Fresh Fruit

## Hot Chicken Wrap

Includes: Dessert/Cake/Cookies/Jelly or Fresh Fruit





# Lunch Time

|   |              |
|---|--------------|
| <b>Main Meal</b> (one course only)                            | <b>£2.30</b> |
| <b>Jacket Potato</b> + two fillings & salad (one course only) | <b>£2.30</b> |
| <b>Hot Chicken Wrap</b> (one course only)                     | <b>£2.00</b> |
| <b>Soup</b>   | <b>£1.00</b> |
| <b>Pasta King</b> (no cheese)                                 | <b>£2.40</b> |
| <b>Tuna Pasta Pot</b> (cold)                                  | <b>£1.95</b> |
| <b>Various Pasta Pot</b> (cold)                               | <b>£1.95</b> |
| <b>Salad Pots</b> (various)                                   | <b>£2.30</b> |
| <b>Houmous &amp; Oat Cakes</b> (Veg Sticks)                   | <b>£1.95</b> |
| <b>Cheese &amp; Crackers</b> (Fruit & Veg Sticks)             | <b>£1.95</b> |
| <b>Filled Rolls</b>   | <b>£1.35</b> |
| <b>Urban Eat Wraps</b> (various)                              | <b>£2.50</b> |
| <b>Urban Eat Sandwiches</b> (various)                         | <b>£2.20</b> |
| <b>Urban Eat Subs</b> (various)                               | <b>£2.60</b> |
| <b>Fresh Fruit</b>  | <b>50p</b>   |
| <b>Grape Pots</b>   | <b>£1.00</b> |
| <b>Melon Slices</b>   | <b>95p</b>   |
| <b>Pineapple Slices</b>                                       | <b>95p</b>   |
| <b>Yoghurt</b>  | <b>87p</b>   |
| <b>Dessert</b>  | <b>80p</b>   |
| <b>Cakes / Cookies</b>  | <b>80p</b>   |
| <b>Jelly</b>  | <b>62p</b>   |

# Drinks

|                             |              |
|-----------------------------|--------------|
| <u>Radnor Juice</u>         | <u>£1.10</u> |
| <u>Spring Water</u> 500ml   | <u>55p</u>   |
| <u>Spring Water</u> (large) | <u>£1.35</u> |
| <u>Fresh Fruit Smoothie</u> | <u>£1.00</u> |
| <u>Juice Burst</u>          | <u>£1.10</u> |
| <u>Radnor Fizz</u>          | <u>£1.10</u> |
| <u>Milk</u>                 | <u>90p</u>   |
| <u>Hot Chocolate</u>        | <u>£1.00</u> |
| <u>Coffee/Tea</u>           | <u>83p</u>   |

