

4 February 2019

Dear Parents/Carers

Parental Workshop: 'Talking about sex and relationships with your teenager'

As a school we are committed to providing our pupils with opportunities to learn the skills they need for a happy, healthy life. This includes relationship and sex education (RSE) that is age appropriate and promotes consensual, respectful relationships for all. More than just the 'facts of life', research suggests that this is most effective when supported by parents / guardians at home. This is why we would like to invite all parents/carers to a Parental Workshop: 'Talking about sex and relationships with your teenager' on Monday 11 March between 7.00 – 8.30pm to be held in the BDC.

This will be led by Vanessa Rogers, who some of you will be familiar with from the Parental Drug Awareness Workshops, an independent PSHE consultant. The workshop will provide:

- Up-to-date information about sex education and the National Curriculum
- Useful tips on how to have positive talks about relationships, sexuality and sex at home
- Details of where to go for additional information and support
- A question and answer session for parents to learn more.

To book your place(s) on this workshop, please complete and return the reply slip at the foot of this letter to Ms Jo Hewlett, Student Reception.

I hope that you will find all the information you require within this letter but should you have any queries or concerns, please do not hesitate to contact me.

M Mulley  
Assistant Principal

Parental Workshop: 'Talking about sex and relationships with your teenager' – Monday 11 March, 7.00-8.30pm

I/We \_\_\_\_\_ would like to attend the Parent Workshop

Student(s) Name: .....Year: .....

Parent/Carer Signature:..... Date: .....

Please return to Ms Jo Hewlett, Student Reception by Friday 1 March 2019

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