

Main Topic	DVD	Genre	Time	Other Topics	Overview
Approaches	A Dangerous Method (2011)	Drama/Thriller	1h 40m	Psychopathology	Freud and Jung take their ideas to America but disagree massively in how they view one famous patient. Ideally need to have covered the Psychodynamic approach.
	Girl, Interrupted (1999)	Drama	2h 7m	Psychopathology	Follows a character in an 18 month stay in a mental institution following a nervous breakdown with a cast of characters who are suffering from a range of psychological disorders. Links to stigma of psychological illness.
Research Methods	Experimenter (2015)	Drama/History	1h 38m	Social Influence Approaches Issues & Debates	The life and times of Stanley Milgram and his famous Obedience research. From Milgram's perspective.
Social Influence	12 Angry Men (1957)	Drama/Crime	1h 36m	Memory	A jury deliberated behind closed doors on the fate of someone accused of murder. One lone dissenter within the jury pleaded a compelling case to convince the other 11 jurors that this is not a clear-cut case, unveiling and challenging prejudices and preconceptions as they arise in the debate. Encapsulates the whole of SI, EWT, Authoritarian Personality and Displacement.
	Compliance (2012)	Drama/Crime	1h 30m		A fast-food worker who is accused of theft is put through the wringer as her boss, at firection of a phone caller who says he is a cop, subjects her to increasingly harsh forms of interrogation.
	Lord of the Flies (1990)	Adaptation/Drama	1h 30m		Group of military school boys become marooned on a remote island after a plane crash. While initially cooperative, the boys split into two warring camps. Their society begins to descend into violence, and boys soon learn there's a thin line between society and savagery.
	Malcolm X (1992)	Drama/Romance	3h 22m		The true story of civil rights campaigner, Malcolm X
	The Stanford Prison Experiment (2015)	Drama/Thriller	2h 2m	Research Methods	The original SPE. Reasonably accurate.
Psychopathology	As Good As It Gets (1997)	Drama/Romance	2h 19m		Melvin is an OC writer who is rude to everyone he meets, including his gay neighbour Simon but when he has to look after Simon's dog, he behins to soften and, if still not completely over his problems, finds he can conduct a relationship with the only waitress at the local diner who will serve him. Great for OCD
	Awakenings (1990)	Drama	2h 1m		A Psychiatrist goes to work with a group of mental health patients whose illness cannot be diagnosed
	It's Kind of a Funny Story (2010)	Drama/Romance	1h 41m		Stressed by adolescence, a 16 year old checks himself into a mental health clinic. Unfortunately, the youth wing is closed so he spends the five-day stay with adults. Can identify negative thinking and consider the use of talking therapies.
	Little Miss Sunshine (2006)	Drama/Comedy	1h 41m		A family head to California to support daughter in bid to win Little Miss Sunshine. The sanity of everyone involved is stretched to the limit as the group's quirks cause epic problems as they travel
	Rain Man (1988)	Drama	2h 20m		It tells the story of an abrasive young man who discovers that his estranged father has died and dequeated all of his multimillion-dollar estate to his other son, an autistic savant.
	Side Effects (2013)	Mystery/Crime	1h 46m	Psychopathology Issues & Debates	After her husband is released from prison, she feels just as bad as she did when he was incarcerated, and she sinks into a deep depression. After a failed suicide attempt, a psychiatrist prescribes a series of medications. When those don't work, he gives her a new medication but the drug leads to ruined lives and death. Good for mental illness issues in diagnosis. Also good for the ethics of drug companies and definitions of abnormality. First 15 minutes is good for Depression.
	Shutter Island (2010)	Mystery/Thriller	2h 19m	Biopsychology Schizophrenia	A woman has disappeared from a mental health institution and detectives are sent to investigate
	The Men Who Stare At Goats (2009)	Adaptation/Comedy	1h 34m		A journalist researches a military department designed to use mind control in their army
Attachment	Blackfish (2013)	Documentary	1h 30m		The story of a captive killer whale that has taken the lives of several people, underscores problems within the sea-park industry, man's relationship to nature and how little has been learned about these highly intelligent mammals
	Good Will Hunting (1997)	Drama	2h 6m		Follows a boy with exceptional mathematical abilities. Abused as a child, he has numerous run-ins with the law and does not realise his full potential. With the help of a psychological professor, he finally recieves the counselling he needs that will enable his to find his identity and change his life. Great for early relationships and affect on later ones. Good for reactive attachment disorder or institutionalisation.
	Mockingbird Don't Sing (2001)	Drama	1h 38m		13 year old suffering the most extreme case of child abuse ever discovered. Researchers and social workers from all over offer to help her - some not with pure intentions. About Genie.
	The Troubled Child (2012)	Drama	1h 40m		Based on true events, story of a family and their process of coping with an adopted child suffering from Reactive Attachment Disorder

<b>Biopsychology</b>	Concussion (2015)	Drama/Sport	2h 3m		Whilst conducting an autopsy, a forensic pathologist discovers neurological deterioration that is similar to Alzheimer's disease. As other athletes face the same diagnosis, the crusading doctor embarks on a mission to raise public awareness about the dangers of football-related head trauma
	Faces in the Crowd (2011)	Thriller/Drama	1h 43m		A woman is attacked and loses her ability to recognise faces, which is a problem as she is the only one who can recognise the attacker
<b>Memory</b>	50 First Dates (2004)	Romance/Comedy	1h 39m	Relationships	Follows a character as they suffer with short term memory loss. Towards the end of the film, there is a glimmer of hope that she is in fact able to encode new memories. <b>WARNING - COMEDY &amp; MENTAL HEALTH</b>
	Memento (2000)	Drama/Crime	1h 53m		A man loses the ability to form new memories but needs to find a way to remember who killed his wife so he can exact revenge
	The Man With the 7 Second Memory (2005)	Documentary	55m		Focus' on Clive Wearing, a highly acclaimed conductor and musician. A virus left sections of his brain severely impaired, particularly those responsible for memory retention.
<b>Issues and Debates</b>	Project Nim (2011)	Drama/History	1h 40m		A chimp is raised as a human and taught sign language
	The Adjustment Bureau (2011)	Drama/Sci-fi	1h 46m		The affair between a politician and a contemporary dancer is affected by mysterious forces keeping the lovers apart. They learn that they are facing the powerful agents of Fate itself - do they accept a predetermined path or else defy Fate? Good for free will and determinism.
<b>Schizophrenia</b>	A Beautiful Mind (2001)	Drama/Romance	2h 20m	Psychopathology	True story of mathematician John Nash and his struggle with Schizophrenia. <b>Makes for a great introduction to the unit</b> - use it to remember symptoms and treatments etc.
	The Soloist (2009)	Drama/Music	1h 57m	Psychopathology	True story of a talented musician who struggles with Schizophrenia
<b>Relationships</b>	About Time (2013)	Drama/Fantasy	2h 4m	Issues & Debates Psychopathology Attachment	Time travel to different points in a relationship raising questions about cause and effect, complementarity etc. Explores father-child bonds. Sister is bipolar and social causes are touched upon. Good for determinism, free will, attachment, mental illness etc.
	Her (2013)	Drama/Romance	2h 6m		A man with a broken heart starts an online relationship. Great for parasocial relationships.
	The Notebook (2004)	Drama/Romance	2h 4m	Memory	A story of unwavering love in the face of challenges depicting the impact of dementia on both the patient and the family.
	The Bodyguard (1992)	Drama/Thriller	2h 10m		Famous popstar who becomes the victim of threatening behaviour from a fan. This quickly descends into stalking behaviour. The bodyguard hired to protect her successfully fulfils his duty to keep his ward safe.
<b>Forensic Psychology</b>	One Flew Over the Cuckoo's Nest (1975)	Drama/Comedy	2h 14m	Psychopathology Schizophrenia	A criminal with a long past who decides that he is going to plead reasons of insanity to serve his custodial sentence in a mental health institution rather than jail, he thinks it will be the easier option. Shows the disturbing reality of early mental health care including the use of electro-convulsive therapy alongside talking and group therapy. Great for understanding ECT and the problems in diagnosis.
	Silence of the Lambs (1991)	Drama/Mystery	2h 18m		Tells the story of a young FBI agent who must gain the trust of an incarcerated serial killer (sociopath, psychopath, cannibalistic tendencies, sadist, suffers from delusions and feelings of grandeur). She needs his help to nail another serial killer on the loose. Use of offender profiling.
	The Shawshank Redemption (1994)	Drama/Crime	2h 22m		Through the hardships in the prison of Shawshank and hopes to achieve freedom, the characters present a variety of psychological issues. Throughout the sentence, issues of identity, motivation and anxiety are brought about within the storyline. Depicting the affects of prison life during and after a prisoner's sentence in jail, this accurately portrays the issues. Great for rehabilitation and institutionalisation.
	We Need to Talk About Kevin (2011)	Drama/Mystery	1h 52m	Approaches Psychopathology Attachment	Aftermath of a Columbine-style shooting at a school in a small American town. It focuses on the killers mother and her attempts to come to terms with what her son, Kevin, has done.