

PE Core Curriculum Map KS 3 and 4 2022/2023

	Autumn - Girls	Autumn - Boys	Spring - Girls	Spring - Boys	Summer - Girls	Summer - Boys
7	Hockey Gymnastics Football OAA Running activities	Rugby Basketball Circuits OAA Running activities	Touch Rugby Netball Dance Badminton Circuits	Football Badminton Hockey Gymnastics	Athletics Rounders Cricket Ultimate Frisbee	Cricket Athletics Handball Rounders
8	Hockey Gymnastics Football OAA Running activities	Rugby Basketball Circuits OAA Running activities	Touch Rugby Netball Dance Badminton Circuits	Football Badminton Hockey Gymnastics OAA	Athletics Rounders Cricket Ultimate Frisbee	Cricket Athletics Handball Rounders
9	Hockey Yoga Touch Rugby Football OAA Running activities Circuits Badminton	Rugby Basketball Circuits OAA Running activities	Touch Rugby Netball Fitness suite Badminton Handball	Football Badminton Hockey Gymnastics OAA	Athletics Rounders Cricket Ultimate Frisbee	Cricket Athletics Frisbee Rounders Softball
10	Hockey Netball Gymnastics Football OAA Running activities	Rugby Basketball Fitness Football	Fitness Yoga Handball Unihoc Basketball Badminton Netball	Football Hockey Badminton Fitness	Athletics Rounders Cricket Pop Lacrosse	Cricket Athletics Frisbee Rounders Softball
11	Bootcamp; Fitness; Yoga Football; Volleyball; Unihoc Badminton; Basketball; Fitness; Rugby (GCSE)		Bootcamp; Fitness; Yoga Football (GCSE); Netball (GCSE) Badminton; Basketball; Fitness; Rugby; Unihoc		Revision option Athletics (GCSE) Football Rounders	

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